

Yoga 7 14ITL5 82BH007KMZ

Product

Yoga 7 14ITL5

Region

WE

Country/Region

Switzerland

Machine Type

82BH

Processor

Intel Core i7-1165G7 (4C / 8T, 2.8 / 4.7GHz, 12MB)

Graphics

Integrated Intel Iris Xe Graphics

Chipset

Intel SoC Platform

Memory

16GB Soldered DDR4-3200

Storage

512GB SSD M.2 2242 PCIe NVMe 3.0x4

Display

14" FHD (1920x1080) IPS 300nits Glossy, 72% NTSC, AGC Dragontrail glass

Touchscreen

10-point Multi-touch

Pen

Lenovo Digital Pen

Optical

None

Media Reader

None

Ethernet

None

WLAN + Bluetooth

11ax, 2x2 + BT5.0

WWAN

None

Bundled Accessories

USB-C 3-in-1 Hub

Case Material

Aluminium (Top), Aluminium (Bottom)

Camera

720p

Microphone

2x, Array

Color

Slate Grey

Surface Treatment

Aluminium Anodizing Sandblasting

Keyboard

Backlit, Swiss

Fingerprint Reader

Touch Style

NFC

None

TPM

FW TPM 2.0

Battery

Integrated 71Wh

Power Adapter

65W USB-C Slim

Operating System

Windows 10 Home 64, Swiss (EN/FR/DE/IT)

Bundled Software

Office Trial

Base Warranty

2-year, Depot

Additional Certificates

Athena certified

Bundled Service

None

EAN / UPC / JAN

195348841825

End of Support

2026-11-14

Announce Date

2020-09-30

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Lenovo™

Yoga 7 14ITL5 Platform Specifications

Product Specifications Reference (PSREF)

Processor	11th Generation Intel® Core™ i5 / i7 Processor							Media reader Ports	None Two USB4™ 40Gbps / Thunderbolt 4 (with the function of Power Delivery 3.0, DisplayPort 1.4 and data transfer), one USB 3.2 Type-A Gen 1 (Always On), 3.5mm stereo audio / microphone combo jack <i>* Depending on many factors, actual data transfer speed may be lower than theoretical speed</i>	
	Processor Number	# of Cores	# of Threads	Base Frequency	Max Turbo Frequency	Cache	Memory Types			Processor Graphics
	i5-1135G7	4	8	2.4 GHz	4.2 GHz	8MB	DDR4-3200			Intel Iris® Xe Graphics
i7-1165G7			2.8 GHz	4.7 GHz	12MB					
Graphics	Intel Iris Xe Graphics in processor; supports external digital monitor via Thunderbolt™ 4; supports three independent displays; Max resolution: 7680x4320@60Hz (Thunderbolt™ 4)							Monitor cable Bundled Accy	None <i>Optional: Lenovo USB-C 3-in-1 Hub</i>	
Chipset	Intel SoC (System on Chip) platform							Camera	HD720p with privacy shutter, fixed focus	
Memory	8GB, 12GB or 16GB / 3200MHz DDR4, soldered to systemboard, no sockets							Audio support	HD Audio, Stereo Lenovo speakers with Dolby® Atmos™ certification, 2W x 2 / dual array microphone supports WoV (Wake-on-Voice), 3.5mm stereo audio / microphone combo jack	
Display	14.0" (356mm) FHD (1920x1080), glossy, LED backlight, IPS, 300 nits, 16:9 aspect ratio, 72% NTSC, AGC Dragontrail™ glass							Keyboard	6-row, multimedia Fn keys, 2-level LED backlight	
Multi-touch	GF2 or OGM Direct Bonding, capacitive-type multi-touch, supports 10-finger gesture							Touchpad	Buttonless glass surface multi-touch touchpad, support Precision TouchPad (PTP)	
Multi-mode Pen (<i>Optional</i>)	4 mode: Laptop, tent, stand and tablet; Yoga hinge, 360 degree Lenovo Digital Pen, with replaceable battery or without battery (battery need to be purchased separately for the models without battery)							Security	Power-on password, administrator password, user password	
Storage	<i>One of the following, configurable by model:</i> • M.2 2242 SSD / PCIe NVMe, PCIe 3.0 x 4 • M.2 2280 SSD / PCIe NVMe, PCIe 3.0 x 4							Security chip	Firmware TPM 2.0 integrated in chipset	
Optical	None							Fingerprint reader	Touch style Match-on-Host fingerprint reader on the palm rest	
Ethernet	None							ALS	Yes	
WLAN	<i>One of the following, configurable by model:</i> • WiFi 5 2x2 (802.11ac), Wi-Fi + Bluetooth 5.0, M.2 Card, • WiFi 6 2x2 (802.11ax), Wi-Fi + Bluetooth 5.0, M.2 Card, Bluetooth 5.0 wireless, integrated in Wi-Fi + Bluetooth combo adapter							G-sensor	Accelerometer	
Bluetooth™								TV tuner	None	
Dimensions	WxDxH: 12.61" x 8.44" x 0.61 - 0.69"; 320.4mm x 214.6mm x 15.68 - 17.7mm							E-Compass	None	
Weight	Around 1.4 kg / 3.09 lb							Gyroscope	None	
Case color	Dark Moss or Slate Grey							Battery	Integrated Li-Polymer 71Wh battery	
Case material	Display cover: Aluminum; Bottom: Aluminum							Max battery life	<i>MobileMark® 2014: 16 hrs</i> <i>* Battery life varies significantly with hardware configurations, settings, usage, & other factors</i>	
								AC adapter	65W USB Type-C AC adapter or 65W USB Type-C Slim AC adapter	
								Preload	<i>Preloaded operating system:</i> • Windows® 10 Home 64 • Windows 10 Pro 64	
								Limited warranty	<i>One of the following, configurable by model:</i> • 1-year depot repair service • 1-year depot with 2-year system board service • 2-year/1-yr battery depot repair service	
								Other certification	<i>Optional: Athena certified</i>	
								Environment	ENERGY STAR® 8.0; RoHS-compliant	

The specifications above may not be available in all regions and might change by region.

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